



12 November 2025

Dear Parents/Carers

We have several children in school have serious nut allergies that can develop into a potentially life-threatening allergic reaction. For this reason all nut-based products are not allowed on the school grounds.

An allergic reaction or anaphylaxis can occur as a result of digestion, inhalation or any other contact with nut-based products. Please remember to check the labels of all food and even if it says may contain nuts, then please do not send that food product into school.

For example:

- Spreads, e.g. chocolate spreads like Nutella
- Cereal bars
- Biscuits
- Cakes containing nuts
- Condiments e.g. sauces

Please note, if a member of staff notices a pupil eating a nut product, the product will be removed politely and explained why this has been done.

**Do not send your child with any nut products or products that may contain traces of nuts in their lunch boxes or brought into the school as treats.**

We appreciate that this is an additional thing to check, however, our priority is to keep our children safe in school.

We need to be a **nut free** school to protect our pupils against this life threatening condition. If you have any questions, please do not hesitate to speak to a member of staff.

Yours sincerely

Cath Thomas

Headteacher



ANTI-RACIST  
SCHOOL  
AWARD



